



myPatch Multi-day Holter Monitor

*myPatch Holter offers
superior comfort, reliability
and multi-day monitoring*



A high quality, more comfortable heart monitor

What is a Holter monitor?

A Holter monitor is a portable medical device that records your cardiac activity as you go about your daily routine.

Traditional monitors are worn in a pouch around your neck with wires attached to your chest for 24 hours. Patch monitors are attached to your chest with a single electrode. Both are useful in identifying cardiac arrhythmias that may be short-lived, intermittent or asymptomatic.

Reasons for choosing a myPatch Holter

Showerproof & durable

You can go about your daily routines without fear of redoing tests due to compromised data.

No wires and improved comfort

Single point of contact provides less restriction and greater comfort when completing daily activities.

Lightweight and long lasting

At just 25 grams, the long lasting battery requires no recharging during the study.

Event marking function

Patients feeling symptomatic can double tap the device to mark the event on the study.

What is involved?

Once fitted, myPatch continuously records your heart to detect arrhythmias.

Process:

- 1. Once fitted, continue your daily activities as normal.
- 2. When symptoms occur, double tap device and update diary.
- 3. Once the test is over, simply return the device to the collection centre.
- 4. Your heart data is sent for analysis and a report is returned to your doctor.



Holter Comparison	Traditional Holter	myPatch Holter
Water resistance	No, must not get wet	Showerproof (no submersion)
Recording length	24 hours	1, 3 and 7 days
Event alert	Press silver button	Double tap
Comfort	5 individual electrodes and leads	Single point of contact
Patient satisfaction	Low	High (Patient preferred)
Out-of-pocket cost* (Subject to Medicare eligibility)	\$0 (24hrs)	\$67.75 (24hrs) \$97.75 (72hrs) \$157.75 (168hrs)

*Out-of-pocket cost after claiming Medicare rebate of \$162.25, as of 1st July 2024.

What do you need to do?

Fitting the device is quick, simple, pain free and convenient.

Preparation:

- Shower/bathe to ensure body is clear of oils.
- Do not use powder or body lotions on your chest.
- Wear a loose-fitting top that can easily be removed from the waist up.
- Allow approximately 10 minutes for the monitor to be fitted.

1. How to pay and book online

Once you have received a pathology request for a myPatch Holter monitor from your doctor, please pay and book your fitting online by scanning the QR code or visiting:



pay.clinicallabs.com.au/mypatch

2. How much it costs

1 day
(24hrs) **\$230**

3 days
(72hrs) **\$260**

7 days
(168hrs) **\$320**

As of 1st July 2024, Medicare eligible patients may claim a Medicare rebate of \$162.25.

3. How you receive the results

Your results will be sent to your referring doctor approximately 5 business days after the device is returned to the Clinical Labs Collection Centre.

myPatch Holter FAQs

How many days should I test for?

myPatch Holter is available for tests between 24-168 hours (1,3 or 7 days). The length of time you should wear it for will be dependent on your circumstances. Your doctor will prescribe the study length best suited to you.

Who should have a heart test?

Anyone with symptoms, older than 50 years old or with a family history of heart problems, is recommended to take a multi-day study at their annual check-up.

Do I need to restrict my activity?

No. You are free to work, exercise, shower or do any other regular daily activities. Sleeping is comfortable with single patch Holters.

Does wearing myPatch hurt?

Not at all. It is so light and comfortable, many patients forget they are wearing it.

For more FAQ's, please visit:

pay.clinicallabs.com.au/mypatch/faq



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