

## MICRO URINE COLLECTION for Adults and Toilet-Trained Children

### Equipment

- 1 x 70ml Yellow-top Container

### Procedure

#### For Females

A midstream specimen of urine is required in order to minimise the degree of bacterial contamination, so that bacteria from the possible urinary tract infection can be detected.

- Wash hands thoroughly.
- Cleanse the vagina from front to back twice using a clean wet cloth and hold labia apart and commence passing urine.
- After a few seconds, without stopping the flow, introduce the sterile container into the stream for a further 4-6 seconds, or until the container is half-filled.
- Avoid contaminating the inside of the container with your finger or contact with vulva.
- If you have been provided a urine container with a collection device in the lid do not remove the safety sticker. Avoid contaminating the inside of the lid by ensuring the sticker remains in place.
- After urine is collected, replace lid on the container ensuring correct threading and secure closure.
- **Write your surname, first name, date of birth, and the word 'Urine' on the container. Also write the time and date the sample was collected.**
- If the urine sample cannot be delivered within 1 hour, the container should be stored in the fridge at around 4 degrees Celsius. Please ensure the sample is delivered to a Clinical Labs collection centre within 24 hours.

#### For Males

A midstream specimen of urine is required in order to minimise the degree of bacterial contamination, so that bacteria from the possible urinary tract infection can be detected.

- Wash hands thoroughly.
- If uncircumcised, retract foreskin and cleanse using a clean wet cloth.
- Commence passing urine into the toilet. After a few seconds and without stopping the flow, introduce the sterile container into the stream for a further 4-6 seconds, or until the container is half-filled.
- Replace lid on container ensuring correct threading and secure closure.
- **Write your surname, first name, date of birth, and the word 'Urine' on the container. Also write the time and date the sample was collected.**
- If the urine sample cannot be delivered within 1 hour, the container should be stored in the fridge at around 4 degrees Celsius. Please ensure the sample is delivered to a Clinical Labs collection centre within 24 hours.